

Recreational Class Schedule  
Fall 2020-2021

## **Dance Combo Classes**

### **Ages 3-4**

#### **~~Tiny Tots~~ - CLOSED - Waiting List Option (Call 704-825-1883 to inquire)**

- Tuesday 4:30-5:15
- Dancers will explore creative movement and basic skills in the genres of tap and ballet

#### **Preschool Dance - CLOSED - Waiting List Option (Call 704-825-1883 to inquire)**

- Thursday 6:00-6:45
- Dancers will explore creative movement and basic skills in the genre of tap and ballet

### **Ages 5-6**

#### **~~5-6 Combo Class (Mrs. Heather)~~ - CLOSED - Waiting List Option (Call 704-825-1883 to inquire)**

- Tuesday 6:00-7:00
- Dancers will learn creative movement and beginner technical skills in the genres of tap, ballet, and jazz

#### **5-6 Combo Class (Mrs. Katie)**

- Thursday 4:30-5:30
- Dancers will learn creative movement and beginner technical skills in the genres of tap, ballet, and jazz

### **Ages 7-10**

#### **~~7-10 Combo Class~~ - CLOSED - Waiting List Option (Call 704-825-1883 to inquire)**

- Monday 6:00-7:00
- Dancers will learn creative movement and technical skills in the genres of tap, ballet, and jazz

### **Preteens**

#### **Preteen Combo Class**

- Monday 7:00-8:00
- Dancers will learn movement quality, technique, and performance skills in the genres of tap, jazz, and lyrical

## **Hip Hop**

### **Ages 6-10**

#### **All Boys Hip Hop**

- Thursday 5:30-6:00
- Dancers will learn basic rhythm and beginner hip hop steps

#### **All Girls Hip Hop**

- Thursday 6:00-6:45
- Dancers will learn basic rhythm and beginner hip hop steps

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## Gymnastics

### Ages 3-4

#### **Preschool Gym**

- Tuesday 4:00-4:30
- Students will build strength and coordination through the introduction of basic gymnastics skills

#### **Preschool Gym - CLOSED - Waiting List Option (Call 704-825-1883 to inquire)**

- Thursday 5:30-6:00
- Students will build strength and coordination through the introduction of basic gymnastics skills

### Ages 5-6

#### **Kinder Gym - CLOSED - Waiting List Option (Call 704-825-1883 to inquire)**

- Tuesday 5:15-5:45
- Students will build strength and coordination through basic gymnastics skills

#### **Kinder Gym**

- Thursday 4:00-4:30
- Students will build strength and coordination through basic gymnastics skills

### Ages 7 & Up

#### **Beginner Gym - CLOSED - Waiting List Option (Call 704-825-1883 to inquire)**

- Tuesday 6:00-6:45
- Students will dive into beginner level gymnastics skills such as limbering, cartwheels, round offs, and an introduction to walkovers

#### **Intermediate Gym A**

- Tuesday 5:00-5:45
- Students will dive into intermediate level gymnastics skills such as limbering, walkovers, and an introduction to aerials and handsprings

#### **Intermediate Gym B**

- Tuesday 6:45-7:30
- Students will dive into intermediate level gymnastics skills such as limbering, walkovers, and an introduction to aerials and handsprings

#### **Advanced Gym**

- Tuesday 7:30-8:15
- Students will dive into advanced level gymnastics skills such as handsprings, aerials, tucks, power tumbling, and tricks